

South Central Region Teen Ministry

Spiritual Teen

This handout will serve as a list of helpful books for pre-teens and teens.

If you have any questions, please contact:

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Short Inspirations:

Daily Word For Teens: Discovering What's Sacred In You

by Colleen Zuck, Elaine Meyer & Laurie Daven

Rodale

ISBN: 1-57954-504-1

Daily Lifelines for Teens & Preteens: Teaches Values & Common Sense Tools

by Diane M. Keefe

Lifelines Publishing

ISBN: 0-9710447-0-8

Practical Spirituality Explored:

The Simple Truth: Making Sense of God, Life & Other Stuff

by Mary Alice & Richard Jafolla

Unity House

ISBN: 0-87159-247-9

Conversations with God for Teens

by Neale Donald Walsh

Scholastic Inc.

ISBN: 0-439-31389-9

Way of the Peaceful Warrior: A Book That Changes Lives

by Dan Millman

New World Library

ISBN: 0-915811-89-8

The Four Agreements

by Don Miguel Ruiz

Amber-Allen Publishers

ISBN: 1-878424-37-9