

South Central Region Teen Ministry

Teen Sexuality

This handout will serve as a list of helpful books for pre-teens and teens.

If you have any questions, please contact:

Joanne Burns, CSE, LUT South Central Region Uniteen Consultant
333 Hillandale Ave., Belen, NM 87002 512-635-0115 scuniteen@gmail.com

Constant Personal Change:

Surviving Zits: How to cope with your changing self

by Sandy Silverthorne

Standard Publishing

ISBN: 0-7847-1435-5

Surviving Middle School: How to manage the maze

by Sandy Silverthorne

Standard Publishing

ISBN: 0-7847-1433-9

Surviving when you're Home Alone: How to avoid being grounded for life

by Sandy Silverthorne

Standard Publishing

ISBN: 0-7847-1434-7

Self Understanding:

Sex Explained: honest answers to questions about girls & guys

by Magali Clausener-Petie with Melissa Daly

Sunscreen

ISBN: 0-8109-9162-4

Just Us Girls: secrets to feeling good about yourself, inside and out

by Moka with Melissa Daly

Sunscreen

ISBN: 0-8109-9161-4

Be Your Own Person:

Stick Up for Yourself: Every Kids Guide to Personal Power and Positive Self Esteem

by Gershen Kaufman, PH. D. and Lev Raphael, Ph. D.

free spirit Publishing

ISBN: 0-915793-17-2

Regardless of what you were taught to believe: There is Nothing Wrong With You for Teens

by Cheri Huber

Keep It Simple Books

ISBN: 0-9636255-9-4

Conversations with God for Teens

by Neale Donald Walsh

Scholastic Inc.

ISBN: 0-439-31389-9