

# South Central Region Teen Ministry

## Parent Resources 1

This handout will serve as a list of helpful books for parents of pre-teens and teens.

If you have any questions, please contact:

Joanne Burns, CSE, LUT South Central Region Uniteen Consultant  
333 Hillandale Ave., Belen, NM 87002 512-635-0115 scuniteen@gmail.com

### Relationships with a Teen:

Parent / Teen Breakthrough: The Relationship Approach

by Mira Kirshenbaum and Charles Foster, Ph. D

Plume Publishers

ISBN: 0-452-26616-5

Raising Emotionally Intelligent Teenagers

by Maurice J. Elias, Ph. D., Steven E. Tobias, Psy. D., & Brian S. Friedlander, Ph. D

Three Rivers Press

ISBN: 0-609-80525-8

The Five Love Languages of Teenagers

by Gary Chapman

Northfield Publishing

ISBN: 1-881273-39-3

### Communication:

How to Talk to Teens About Really Important Things: Specific Q & A & Useful Things to Say

by Charles E. Schaefer, Ph. D and Theresa Foy DiGeronimo, M. Ed.

Jossy-Bass Publishers

ISBN: 0-7879-4358

How to Talk to Teens About Really Important Things: Specific Q & A & Useful Things to Say

by Phillip Mountrou

Holistic Communications

ISBN: 0-9653787-7-2

Getting Thru To Kids: Problem Solving with Children Ages 6 to 18

by Maurice J. Elias, Ph. D., Steven E. Tobias, Psy. D., & Brian S. Friedlander, Ph. D

Three Rivers Press

ISBN: 0-609-80525-8

Say What You See: based on "Language of Listening"®

by Sandra R. Blackard, Parent Coach

sandy@languageoflistening.com

512-388-9545

Keeping Your Kids Drug-Free: A How-To Guide for Parents 7 Caregivers

Produced by National Youth Anti-Drug Media Campaign

www.TheAntiDrug.com

1-800-788-2800

### Parent Support:

The Parenting Companion: Meditations & Exercises for Giving the Love That Heals

by Harville Hendrix, Ph. D and Helen Hunt, M.A., M.L.A.

Pocket Books

ISBN: 0-671-86885-3

The Everything Parenting A Teenager Book: A Survival Guide for Parents

by Linda Sonna, Ph. D

Adams Media

ISBN: 1-59337-035-0

# South Central Region Teen Ministry

## Parent Resources 2

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### Daughters:

Girls Seen and Heard: 52 Life lessons for Our Daughters

by Ms. Foundation for Women and Sondra Forsyth

Tarcher / Putnam

ISBN: 0-87477-926-X

A Toolbox for Our Daughters: Building Strength, Confidence & Integrity

by Annette Geffert and Diane Brown

New World Library

ISBN: 1-57731-120-5

Why Girls Talk & What They're Really Saying

by Susan Morris Shaffer & Linda Perlman Gordon

McGraw-Hill

ISBN: 0-07-141786-9

### Sons:

Why Sons Don't Talk & Why It Matters

by Susan Morris Shaffer & Linda Perlman Gordon

McGraw-Hill

ISBN: 0-07-141787-7

The Minds of Boys: Saving Our Sons from Falling Behind in School & Life

by Michael Gurian and Kathy Stevens

Jossey-Bass

ISBN: 0-7879-7761-6

The Wonder of Boys: What Parents, Mentors & Educators Can Do To Shape Boys into Exceptional Men

by Michael Gurian

Tarcher / Putnam

ISBN: 0-87477-887-5

A Fine Young Man: What Parents, Mentors & Educators Can Do To Shape Adolescent Boys into Exceptional Men

by Michael Gurian

Tarcher / Putnam

ISBN: 0-87477-969-3

### Struggling Adolescents:

Helping the Struggling Adolescent: A Guide to Thirty Common Problems for Parents, Counselors & Youth Workers

by Les Parrott III

Zondervan

ISBN: 0-310-57821-3

What it takes to pull me through: Why Teenagers Get in Trouble & How Four of Them Got Out

by David L. Marcus

Houghton Mifflin

ISBN: 0-618-15-4545-1